

ITEMS FOR MILITARY CARE PACKAGES

FOOD

Individually packaged/single servings

Non-perishable only

No liquids

No chocolate or chocolate chips (it melts)

No pork or pork by-products (Slim Jims are ok)

Slim Jims

Beef Jerky

Beef Sausage (non-perishable, labeled USDA Beef)

Tuna/Salmon Pouches or Lunch Kits

Tab-Canned Ready-To-Eat Meals (like ravioli)

Cup-o-Noodles

Ramen (cups only)

Nuts/Seeds (individual pkgs)

Trail Mix (no chocolate chips, indiv pkgs)

Fruit Snacks

Raisins

Fruit (indiv tab-open cans)

Pop Tarts

Cereal (mini boxes)

Instant Oatmeal (packets)

Cereal Bars (no choc chips)

Granola Bars (no choc chips)

Protein/Health Bars (no choc chips)

Cookies/Rice Krispy Treats (indiv pkgs)

Snacks/Pringles/Popcorn (indiv pkgs)

(Bags of chips are easily crushed.)

Chip Dip (canned, non-perishable)

Taco Bell sauce packets

Seasoning

Flavoring Salts

Powdered flavor packets for water bottles

Powdered drink mix/Instant coffee (indiv pkts)

Gum (blister packs are best b/c of intense heat)

Hard candy (indiv wrapped)

HYGIENE / PERSONAL CARE

No bars of soap

No aerosol or sprays in cans

No alcohol products

No perfume or colognes

No nail polish

No glass containers

Body Wash (travel or full-size)

Shampoo & Conditioner (travel or full-size)

Deodorant (men, women, unscented, travel or full-size)

Razors & Shave Cream (*no aerosol cans*)

Feminine Hygiene Items

Hairbands & Bobby Pins

Baby Wipes/Moist Wipes (small pkgs, alcohol-free)

Foot Powder (small containers)

Hand Sanitizer (travel size, alcohol-free)

Sunblock

Eye Drops (for dry eyes)

Chapstick (stick tubes, not pots)

Floss Toothpicks

Throat Lozenges

Emery Boards, Nail Clippers, Cuticle Pushers (*no polish*)

Cotton Socks (black, green, or white)

Boot Liners/Insoles

Odor-Eaters for Boots

ALSO: GALLON & QUART SIZED ZIPLOC BAGS

FUN & ENCOURAGEMENT

Puzzle Books

Adult Coloring Books

Color Pencils & Sharpeners

Pencils & Sharpeners or Mechanical Pencils

Pens

Small Pads of Paper

Decks of Cards, Card Games

Travel Games

Hand-Held Games

Movie DVDs (new or used, originals only)

Music CDs (new or used, originals only)

iTunes Gift Cards

Hacky Sacks and other *small* balls (tennis, rubber, nerf)

Frisbees

Ear Buds, Headphone Splitters

Books (*not* horror, murder, or psych thrillers)

Book Light w Batteries

Stationary/Boxed Card Sets

Cards (keep notes positive, no envelopes necessary)

Small Bibles, devotionals, Christian growth books, etc.

APRIL OUTREACH

Our Veterans Ministry is collecting items for Active-Duty Military Care Packages. Please donate items at the table in the Sanctuary foyer by Sunday, April 29th.

**ITEMS DUE
SUNDAY, APRIL 29**